



2025 DATES

HEART *BEAT*

The aim of the Heart Beat Club is to develop the life-saving skill of resuscitation and first aid in our community. The training session covers first aid for common child injuries including burns and scolds, choking, drowning and provides information on how to perform child resuscitation or CPR.

Please note: This is a basic CPR course, not an accredited First Aid or CPR certificate.

Participants will learn:

- Strategies to prevent drowning for babies and toddlers.
- How to apply basic first aid to common situations.
- Demonstrated CPR skills.



Presenter:	Royal Lifesaving Society	
Venue:	Hillman (Rockingham)	
Date / Time:	Tuesday – 29 th April	10.00am to 1.00pm
Venue:	Midland	
Date / Time:	Wednesday – 4 th June	10.00am to 1.00pm
Venue:	East Perth (No child minding)	
Date / Time:	Wednesday – 27 th August	6.30pm to 9.30pm
Venue:	Joondalup	
Date / Time:	Tuesday – 28 th October	10.00am to 1.00pm

❖ Child-minding is available. Please advise when enrolling if you require this service.

To enrol please contact the Family & Foster Care Learning team on 08 6277 4600 or email fosterworkshops@communities.wa.gov.au

